

**Ava Della Pietra Releases New Pop Rock Romp "sick,"
A Fresh Take on Love's Euphoric Highs**

Out now on all [digital platforms](#)



Ava Della Pietra takes listeners on an exhilarating journey of love and obsession with her newest single "[sick](#)," out today on all digital platforms. This upbeat, pop rock track is a vibrant exploration of love's dizzying effects, showcasing Ava's dynamic range and innovative approach to pop music. With a nod to the sounds of Dua Lipa and Lady Gaga, "sick" stands out as a testament to Ava's ability to blend contemporary pop with her unique artistic flair.

"sick" is an anthem for anyone who's ever been so enamored that it feels overwhelming, almost to the point of obsession. Ava's lyrics, "you make me sick" and "I found a cure... cause WebMD says you're all I need," bring a light-hearted twist to the intense experience of young love. This lively bop is filled with vocal flourishes and engaging call-and-response vocals, eg. "sick", all driven by a compelling beat that makes it impossible not to dance along.

"My new song 'sick' is a playful twist on being head over heels in love," Ava shares. "It's about that intense, all-consuming feeling where you're so obsessed with someone that it almost feels like you're physically sick because you're not together. I wanted to capture the butterflies-in-

your-stomach sensation, blending it with humorous lines. It's light, it's fun, and it really encapsulates that dizzying feeling when you can't think about anything or anyone else but that special person."



Photo credit: Shervin Lainez

Ava's journey to pop success is as remarkable as her music. Following the acclaimed releases of "[ego](#)" and "[talk it out](#)," Ava has firmly established herself in a new, more pop-centric chapter of her career. These singles have not only showcased her songwriting prowess and vocal talents but also marked a significant evolution in her musical style, resonating with a broader audience and cementing her status as a rising pop sensation.

Amidst her ascending music career, Ava continues to demonstrate her dedication to personal and academic growth. She is currently pursuing a dual degree at the prestigious Harvard University-Berklee College of Music program, balancing her time between rigorous academic studies and her passion for music. This commitment to education, even as her music career skyrockets, speaks volumes about Ava's character and her approach to her artistry and personal development.

"sick" arrives as the latest testament to Ava's relentless drive and talent, encapsulating the infectious energy and emotional depth that have become hallmarks of her music. As she navigates the challenges of balancing a demanding academic schedule with her burgeoning music career, Ava remains a beacon of inspiration for young artists everywhere, proving that with hard work and dedication, it's possible to pursue one's dreams without compromise.

Ava's story is one of relentless pursuit and undeniable talent, a narrative that continues to unfold with each new release. As "sick" takes its place among her growing discography, it not only highlights her evolution as an artist but also her unwavering commitment to her craft, even in the face of the dual demands of academia and a flourishing music career.

For more information and to stay updated on Ava's latest releases, visit her official website and follow her on social media.

<https://www.avadellapietra.com/>

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<https://open.spotify.com/artist/5whBm2Wk9GvITjOclp8nQX>

ABOUT AVA DELLA PIETRA

Ava Della Pietra is a singer-songwriter whose journey from the bright lights of Broadway to the forefront of the pop music scene has captivated audiences worldwide. With the release of her acclaimed single "ego," which garnered top honors in the Songwriters Guild of America pop song contest, Ava set a new standard for her musical career. The accompanying music video, directed by Adam Lukowski, has been lauded across the global film festival circuit, securing awards at prestigious events such as The IndieX Film Fest.. This recognition not only solidified Ava's reputation as a talented musician but also as a visionary in visual storytelling.

Following the success of "ego," her subsequent single "talk it out" was met with high anticipation, further showcasing Ava's depth as an artist and her ability to connect with listeners through relatable themes and powerful melodies. Ava's prolific songwriting, with over 130 original songs and 14 releases to date, underscores her exceptional artistry and dedication to her craft. Her numerous national and international songwriting awards are a testament to her talent and the impact of her music. Ava continues to be a source of inspiration, not only for her peers but for aspiring artists everywhere, as she shares her experiences, challenges, and triumphs through her evocative music and storytelling.

For more information on Ava Della Pietra, please contact Jon Bleicher at Prospect PR
[jon@prospectpr.com, 973.330.1711]